

110 METER HIGH HURDLES - MINNESOTA ALL-TIME

All-Time Best (Legal Wind): 13.66 Jon Tollefson, Saint Croix Lutheran 2015

13.66	Jon Tollefson, Saint Croix Lutheran 2015	14.45	Matt Steele, Eden Prairie 1996
13.83	Blake Nyenati, Andover 2022	14.45	Rob Hurst, Grand Rapids 1998
13.85	Rick Schroeder, Owatonna 1981	14.45	Arick Steele, North Branch 2015
13.88	Riwan Alowonle, Park-CG 2012	14.46	Tim Meyer, Moorhead 1987
13.7	David Knutson, Fergus Falls 1975	14.46	Donovan Duncan, North St. Paul 2006
14.02	Nick Lagos, White Bear Lake 2002	14.46	Jackson Walters, Brainerd 2012
14.03	John Briese, Park-Cottage Gr 1985	14.47	Ben Ojika, Irondale 2013
14.04	George Jackson, Hopkins 2021	14.47	Alex Margo, Grand Rapids 2017
14.06	Niles Deneen, SP Como Park 1994	14.47	Christopher Dean, Coon Rapids 2023
14.06	Isaiah Weston, St. Michael-Albertville 2016	14.48	Kevin Wolf, Spring Lake Park/St. A. 2007
(10)		(70)	
14.07	Henry Adams, Edina 2017	14.49	Davis Eldridge, Eden Prairie 2015
14.12	Mike Hoven, Bemidji 1982	14.49	Mitchell Wangler, Prior Lake 2017
14.14	Trevon Clay, St. Paul Como Park 2015	14.50	Peder Naatz, Wheaton 1986
14.14	Josh Sampson, Mounds View 2019	14.50	Connor McManamon, White Bear Lake 2019
14.15	Riza Mahmoud, Champlin Park 2001	14.50	Sam Duffing, Hopkins 2021
14.15	Rupert Bannerman-Thompson, Roseville 2004	14.51	Paul Mallory, Fairmont 2008
14.17	Bob Sobieck, Alexander Ramsey 1981	14.51	Rashad Cohen, Minnetonka 2012
14.18	Vincenzo Milleer, Shakopee 2023	14.51	Matt Baker, Mounds View 2014
14.0	Dave Gaither, Wayzata 1975	14.51	Jayson Ekiyor, Providence 2021
14.0	Mike Siskin, Wayzata 1977	14.52	Fran Swenson, Robb Armstrong 1987
(20)		(80)	
14.25	Peter Asplin, Dassel-Cokato 2017	14.52	Greg Stumbo, Moorhead 1990
14.26	Grantham Green, Rosemount 2023	14.52	Jackson Sloan, Eagan 2023
14.27	Jerome Begin, Buffalo 2011	14.53	Colin Paarmann, Mankato East 2011
14.28	Laquone Robinson, Brooklyn Center 2008	14.53	Jonathan Mann, Rosemount 2019
14.28	Jacob Johnson, Owatonna 2016	14.53	Stephane Kone, Eden Prairie 2022
14.30	Evan El-Halawani, Lakeville North 2017	14.3	Byron Gigler, Moorhead 1961
14.32	Zach Vraa, Rosemount 2010	14.3	Dave Carlson, St Louis Park 1971
14.32	C.J. Janu, Spring Lake Park/St. Anthony 2013	14.3	Mike Jauss, Montevideo 1972
14.32	Taylor Rooney, Andover 2017	14.3	Stuart Fox, Trimont 1975
14.33	Mitch Potter, St Michael-Albertville 1999	14.3	Jon Charlson, Frank Kellogg 1977
(30)		(90)	
14.1	Glen Snesrud, Bloomington Lincoln 1968	14.3	Mike Weiring, Tyler 1979
14.1	Tom Johanson, St. Louis Park 1968	14.3	Al Clark, Bloom Kennedy 1980
14.1	Dean Gelineau, Two Harbors 1969	14.3	Curt Brekke, Brooklyn Center 1981
14.1	Mike Frericks, Silver Bay 1977	14.3	Kevin Constable, Hopkins 1982
14.1	Luke Pfeifer, Frazee-Vergas 1996	14.3	Harvey Wenderski, Rocori 1984
14.34	Lawrence Lipsey, Bloomington Kennedy 2004	14.54	Jim Lanigan, Coon Rapids 1990
14.34	Alex Klein, Stillwater 2015	14.3	Erik Rosenkranz, Anoka 1991
14.35	Peter Najarian, Mpls Central 1981	14.3	Steve Hentges, Irondale 1992
14.35	Linton McPherson, Osseo 2023	14.3	Brad Piermantier, Park 1996
14.37	Dan Bannister, Mpls North 1987	14.3	Erik Thompson, Buffalo 2003
(40)		(100)	
14.39	Jayne Pantekoek, Mankato West 1998	14.54	Cody Walton, Forest Lake Area 2013
14.40	Peter Stuart, Blaine 2001	14.54	Theodore Frid, South St. Paul 2015
14.40	Austin Delaney, St. Louis Park 2008	14.54	Grant Fuller, Edina 2017
14.41	Eric Crabtree, New Ulm 1991	14.54	Arthur Perron, White Bear Lake 2022
14.43	Sean Duling, Mounds View 2007	14.54	Corbin Herron, Saint Peter 2023
14.43	Kevin Davis, Apple Valley 2012	14.55	Craig Graffunder, Fridley 1981
14.2	Bill McNee, Alexander Ramsey 1963	14.55	Parc Williams, Zumbrota-Mazeppa 1993
14.2	Ralph Wirtz, Coon Rapids 1967	14.55	David Mayhew, Holy Angels 1997
14.2	Jed Larson, Buffalo 1967	14.55	Carter Holcomb, Rochester Mayo 2023
14.2	Scott Sharpe, Richfield 1968	14.56	Dave Rarick, Rocori 1981
(50)		(110)	
14.2	Jim Henry, St. Cloud Cathedral 1969	14.56	Myles Witcher, Eastview 2013
14.2	Larry Leerson, Coon Rapids 1975	14.57	Tom Johnson, Monticello 1986
14.2	George Csathy, Robbinsdale 1977	14.57	Rick Rose, Eden Prairie 1996
14.2	Tony Spandl, Staples 1979	14.57	Chris Fream, Mounds View 2001
14.2	Bill Sack, Waseca 1979	14.57	Marshall Davis, Stillwater 2011
14.2	Scott Dillon, Anoka 1984	14.58	Tom Krieger, Austin 1979
14.2	Chris Rogan, White Bear Lake 1994	14.58	Jared Lazer, Sauk Rapids-Rice 2002
14.44	Tony Asay, Hutchinson 1995	14.58	Angus Stoudt, Minnetonka 2012
14.2	Craig Fredrickson, Detroit Lakes 1996	14.59	Kirk Johnson, Mpls Central 1982
14.45	Antonio Smith, De La Salle 1988	14.59	Joe Kaczor, Grand Rapids 1995
(60)		(120)	

14.59	Scott Ferguson, Alexandria 2000	14.69	Jon Munson, Park Center 1990
14.60	Matt Swenson, Bemidji 1988	14.70	Soliman Sayedi, Burnsville 2001
14.60	Charlie Lehman, United South Central 1998	14.71	Franz Deters, Caledonia/Spring Grove 1998
14.60	Joe Schneider, Detroit Lakes 2000	14.71	P.J. Nelson, Grand Rapids 2003
14.62	Dan Saufferer, Lincoln 1978	14.71	Drew Feuk, New Prague 2008
14.62	Aaron Larson, St. Paul Como Park 1985	14.71	Nick Martin, Wayzata 2012
14.63	Paul Burmeister, Rochester Mayo 1982	14.72	Dave Mickelson, Hutchinson 1980
14.63	R.J. McGinnis, Burnsville 2005	14.72	Carter Johnson, Owatonna 2022
14.63	Collins Mokuah, Osseo 2019	14.73	James Kent, Apple Valley 1997
14.4	Dave Odegard, Mpls Washburn 1957	14.73	George Edwards, Rosemount 2005
(130)		(190)	
14.4	John Stanley, North St Paul 1961	14.73	Matt Warhol, Andover 2005
14.4	Al Montgomery, St. Paul Washinton 1966	14.73	Emeche Wells, Roseville Area 2012
14.4	Bob Campbell, Mankato 1966	14.73	Jay Alexander, Champlin Park 2012
14.4	Dan Carpenter, Mpls Roosevelt 1969	14.73	Drake Daniels, Wayzata 2019
14.4	Bill Hunkins, St. Louis Park 1969	14.73	Zach Henke, Brainerd
14.4	Joe McPherson, Richfield 1969	14.5	Bob Palmer, St. Paul Park 1967
14.4	Andy Urech, Irondale 1970	14.5	Phil Hallstrom, Mora 1969
14.4	Jerry Johnson, Moorhead 1971	14.5	Chuck Miller, Brainerd 1970
14.4	Greg Schmidt, Alexander Ramsey 1972	14.5	Craig Thauwold, Preston 1970
14.4	Jeff Hawkins, Elk River 1973	14.5	Steve Johnson, Robbinsdale 1970
(140)		(200)	
14.4	Larry Raddatz, South St Paul 1973	14.5	Kevin Sauter, Benilde 1970
14.4	John Goedeke, Frank B Kellogg 1976	14.5	Bob Jappe, Tracy 1971
14.4	Kary Bowser, Mpls Roosevelt 1977	14.5	Dave Grinaker, Moorhead 1973
14.4	Todd Elmquist, North St Paul 1977	14.5	Jeff Anderson, SP Harding 1973
14.4	Eric Erwin, Elgin-Millville 1977	14.5	Al Waller, Grand Rapids 1973
14.4	Jon Kozlowski, Pipestone 1979	14.5	Scott Van, Henry Sibley 1974
14.4	Rick Steblay, Elk River 1979	14.5	Al Lindberg, Mounds View 1974
14.4	Craig Krupke, Elk River 1984	14.5	Tim Luczak, Dul Denfeld 1974
14.4	Erik Johnson, Minnehaha Academy 1985	14.5	Pat Sell, St Cl Apollo 1975
14.4	Dan Feely, Stillwater 1986	14.5	John Ederer, Orono 1975
(150)		(210)	
14.4	Jim Fuqua, Mounds View 1987	14.5	Chuck Lowell, White Bear Lake 1977
14.64	Matt Arbeiter, Shakopee 1989	14.74	Jon Ritter, Wayzata 1978
14.4	Scott Gilbert, St Louis Park 1999	14.5	Randy Christopherson, Marshall 1978
14.4	Jaronne Williamson, Park Center 2000	14.5	Steve Schlangen, LaCrescent 1978
14.4	Kent Anderson, Atwater-Cosmos-Grove City 2002	14.5	Steve Pullens, Golden Valley 1979
14.4	Craig Dahl, Mankato East 2003	14.5	Steve Killen, Owatonna 1979
14.4	Eric Asfeld, Wadena-Deer Creek 2006	14.5	Terry Babler, Borup 1979
14.64	Dan Fragodt, Benson/K-M-S 2007	14.5	Jim Luff, Chisago Lakes 1983
14.64	Keenan Stangl, Buffalo 2009	14.5	Steve Quenette, Moorhead 1984
14.65	Dan Hauer, Perham 1982	14.5	Brad Charchenko, Stillwater 1988
(160)		(220)	
14.65	Matt Reeve, Fairmont 2007	14.5	Matt Muyres, Bloomington Jefferson 1990
14.65	Caden Turner, Waconia 2018	14.5	Jon Acheson, Rocori 1992
14.65	David Myres, Becker 2019	14.74	Steve Walsh, Bloomington Jefferson 2000
14.66	Mark Jacobson, Park Rapids 1996	14.5	Mike Williams, St. Cloud Tech 2002
14.66	Mike O'Keefe, St Thomas Academy 1997	14.74	Isiah Thompson, Detroit Lakes 2019
14.66	Andrew Aakre, Stephen-Argyle Central 2000	(225)	
14.66	Joey Hibben, Waconia 2004		
14.66	Blake Strouth, Alexandria 2004		
14.66	Nick Spaeth, Montevideo 2007		
14.67	Ryan Melena, Mounds View 1999		
(170)			
14.67	Adam Barnett, Staples-Motley 2002		
14.67	Seth Aho, Dassel-Cokato 2013		
14.67	Grant Mosser, Lakeville South 2015		
14.67	Reid Pierzinski, Pequot Lakes 2017		
14.67	Henry Weisman, Chanhassen 2017		
14.67	Joshua Thomsen, Mounds View 2019		
14.67	Ryan Gregory, Owatonna 2022		
14.67	Tayven Peterson, Mora 2023		
14.68	Maceo Wright, Burnsville 1998		
14.69	Scott Hall, Robb Armstrong 1989		
(180)			